

# THE **MARFAN** FOUNDATION



## **Professional Advisory Board Statement**

### **COVID-19 Vaccine Information for People with Marfan, VEDS, Loeys-Dietz, and Related Genetic Aortic and Vascular Conditions**

The Professional Advisory Board of The Marfan Foundation recommends that all approved groups get vaccinated for COVID-19. The position of the Professional Advisory Board is that the potential benefits of COVID-19 vaccination outweigh potential risks for individuals with Marfan syndrome and related conditions in approved groups. We will communicate any new recommendations as we await specific guidance for young children and [pregnant women](#).

#### **Patients with Allergic Reactions**

While there are still many open questions about the allergic reactions reported with the COVID vaccine, as per current guidance, people with a history of anaphylaxis (not due to vaccines or injectable medications) can still receive the vaccine but should be monitored for 30 minutes after being vaccinated.

For people with a history of a severe allergic reaction to any vaccine or injectable therapy, consultation with an allergist would be prudent.

#### **ARBs, Beta-Blockers, ACE Inhibitors, and the COVID-19 Vaccine**

The antibodies produced by the vaccine will not interact with commonly prescribed blood pressure medications, including beta blockers, ARBs, and ACE inhibitors.

#### **Cautions for Spreading COVID-19**

It is important for everyone to continue using all the tools available to help stop this pandemic. Even after vaccination, cover your mouth and nose with a mask when around others, stay at least six feet away from others, avoid crowds, and wash your hands often until the CDC provides other guidance.

*December 21, 2020*