# **UPDATED WORKSHOP** INFORMATION As of 7/9/22

#### **SATURDAY** WORKSHOPS

	SESSION 1 1:30-2:30 PM	SESSION 2 2:45-3:45 PM	SESSION 3 4:00-5:00 PM
Salons 1-2	<b>Aging with Marfan Syndrome</b> Juan Bowen, MD Reed Pyeritz, MD, PhD	Aortic and Mitral Valve Surgery in Adults with Marfan Joseph Coselli, MD D. Craig Miller, MD	Management of Foot & Ankle Issues Adam Bitterman, DO Gennady Kolodenker, DPM
Salon 3	<b>Marfan 101</b> Kathryn Holmes, MD, MPH S. Chris Malaisrie, MD Mary Roman, MD	Dislocated Lenses, Eyeglass Fitting and Eye Surgery for Marfan Children  Rachel Kuchtey, MD, PhD Irene Maumenee, MD	Management of Neonatal & Severe Forms of Marfan Kathryn Holmes, MD, MPH Shaine Morris, MD, MPH
Riviera Lawn 1	<b>LDS 101</b> Hal Dietz, MD Ismail El-Hamamsy, MD, PhD	Hearing and Ear Issues in LDS  Daniela Carvalho, MD, MMM  Keri Colio, AuD, CCC-A	
Riviera Lawn 2	Managing Dissections and Aneurysms in LDS Joseph Coselli, MD Sherene Shalhub, MD, MPH	Aortic Surgery in Adults with LDS Pedro Catarino, MD Ismail El-Hamamsy, MD, PhD	Effective Ways to Relieve Pain without Medicine Beth Darnell, PhD
Coral Cove	<b>VEDS 101</b> Peter Byers, MD	Answering Your Questions about the Enzastaurin Trial Hal Dietz, MD Shaine Morris, MD, MPH	Managing Dissections and Aneurysms in VEDS Sahar Naderi, MD, MHS Sherene Shalhub, MD, MPH
Diamond Cove	Management of VEDS in Children Mark Lindsay, MD, PhD Shaine Morris, MD, MPH	Aging with VEDS  Peter Byers, MD  Sherene Shalhub, MD, MPH	Answering Your Questions about the Celiprolol Trial Ian Harris, MD Adrian Quartel, MD
Salon 4	MRI, MRA, CT, Echo, TTE: Which Imaging Modality is Right for My Aorta? Heidi Connolly, MD Humberto Wong, MD	A Hidden Danger: Heritable Thoracic Aortic Mutations Kim Eagle, MD Dianna Milewicz, MD, PhD	<b>Post-Dissection Care</b> <i>Heidi Connolly, MD Matthew Solomon, MD</i>











# SATURDAY WORKSHOPS CONTINUED

Marea Canvas 1	Cardiac Care for Children with Marfan/LDS Tom Collins, MD Luciana Young, MD	Aortic Surgery in Children Duke Cameron, MD Mark Lindsay, MD, PhD	Orthopedic Care for Children Lawrence Rinsky, MD Paul Sponseller, MD
Mariner Cove	Family Planning & Genetics Rebecca Allen, MD, MPH Gretchen MacCarrick, MS, CGC Melissa Russo, MD	Menstruation, Pregnancy, and Menopause Kristen Matteson, MD, MPH Mary Roman, MD Melissa Russo, MD	Creating a Care Team  Juan Bowen, MD  Peter Byers, MD  Gretchen MacCarrick, MS, CGC
Sapphire Cove	Retinal Detachment in Stickler Syndrome Rachel Kuchtey, MD, PhD Irene Maumenee, MD	An Uncommon Occurrence: Managing SCAD Sahar Naderi, MD, MHS Matthew Solomon, MD	Hearing Loss in Stickler Syndrome Daniela Carvalho, MD, MMM Keri Colio, AuD, CCC-A
Del Mar	Orthopedic Care for Adults  Adam Bitterman, DO Paul Sponseller, MD	Diagnosis & Management of Scoliosis Larry Rinsky, MD Paul Sponseller, MD	Cardiac Care for Adults Alan Braverman, MD Mary Roman, MD
Marea Canvas 2	<b>Headaches &amp; Migraines</b> Ian Carroll, MD Addie Peretz, MD	<b>Physical Activity</b> Alan Braverman, MD Siddharth Prakash, MD	<b>Managing Pain</b> Ardin Berger, DO
Salon 5	Keeping Your Teeth and Gums Healthy Sylvia Frazier-Bowers, DDS, PhD	<b>Dental Issues</b> Sylvia Frazier-Bowers, DDS, PhD	Eye Care in Adults with Marfan Syndrome Rachel Kuchtey, MD, PhD Irene Maumenee, MD
Laguna & Sunset	<b>COVID-19</b> Kim Eagle, MD  Enid Neptune, MD	Asthma, Emphysema & Pneumothorax Enid Neptune, MD	Genetic Testing - When, Why, Where Dianna Milewicz, MD, PhD Reed Pyeritz, MD, PhD
Cardiff	Postural Orthostatic Tachycardia Syndrome (POTS) Sahar Naderi, MD Matthew Solomon, MD	Caregiving Through Puberty Kathryn Holmes, MD Luciana Young, MD	Dural Tears, Spinal Fluid Leaks Ian Carroll, MD









# **SUNDAY WORKSHOPS**

	SESSION 1 9:45-10:45 AM	SESSION 2 11:00 AM-12:00 NOON	SESSION 3 12:15–1:15 PM
Laguna & Sunset	Parenting a Child with VEDS  Sarah Jeffs	From Ticking Time Bomb to Bomb Diffuser: Taking Control of Your Life (VEDS) Karen MountainJohnson, MA, LPCC	Newly Diagnosed Support Group for Adults with VEDS Dominick Corso Katie Wright
Riviera Lawn 1	Parents of Adults with VEDS Support Group Joy Foote Fran Marin		VEDS Connect: For Adults Living with VEDS Mariah Wessel-Draper, MS, LIMPH, LIMHC, RPT
Cardiff	Aging with VEDS Support Group Dominick Corso Kristi Posival	From Ticking Time Bomb to Bomb Diffuser: Taking Control of Your Life (Marfan) Carole Nowak, NBC-HWC	Parenting a Child with Marfan  Heather Earnhart  Sydney Lerman  Chelsey Weatherill, MS, CGC
Salon 3	Marfan Connect: For Adults Living with Marfan Kathy Flynn RN, PHN Betcy Matarrita	Unaffected Partners & Spouses Support Group (Marfan, LDS, and VEDS) Heather Bergstrom	Newly Diagnosed Support Group for Adults with Marfan Steve Marpman
Salon 4	Parenting a Child with LDS  Dawn Reiner  Julie Wilson	From Ticking Time Bomb to Bomb Diffuser: Taking Control of Your Life (LDS) Gretchen MacCarrick, MS, CGC	Aging with Marfan Support Group Chris Heaney
Salon 5		New to Conference/Newly Diagnosed with LDS Dawn Reiner	Aging with LDS Support Group Susan Grossi
Salon A	LDS Connect: For Adults Living with LDS Taylor Beecroft, MS, CGC Susan Grossi	Parenting a Severely Affected Child with Marfan/LDS Jennie Bange Barbara Lerman	Dealing with the Emotional Stress of the Inevitable Heart Surgery (Marfan/LDS) Stephanie Randazzo, PsyD
Salons 1-2	Dating and Relationships with a Chronic Medical Condition Brandon Crawford Bella Marin BSN, RN Lindsey Weisman	Teen Perspective (Part 1)  Teen Council:  Katie Dammann, Faith Frazier,  Grace Meyers	Teen Perspective (Part 2)  Teen Council:  Cassie Jennings, Sam Molitor
Salon B	<b>Grief and Loss Support Group</b> <i>Karen MountainJohnson, MA, LPCC</i>	Avoiding Caregiver Burnout Cristol Barrett O'Loughlin	<b>Self-Care Strategies</b> <i>Rita Weise, MSN, ACAPC-AG</i>
Marea Canvas 1	Emergency Preparedness Meg Boeglin, BSN, RN Steve Marpman	Body Image & Self-Acceptance  Brandon Crawford	Mental Health Issues: Recognizing the Signs in Yourself or Loved Ones and How to Get Help













#### SUNDAY WORKSHOPS CONTINUED

Salon C	Stress and Your Health: The Impacts on Your Body Rachael Nowak, DPT Stephanie Randazzo, PsyD	Coping with COVID Stress  Kathy Flynn	Parenting Challenges when Living with a Disability Maya Brown-Zimmerman, MPH
Marea Canvas 2	Advocating for Yourself and Others Stephanie Cooper-Noe Chris Heaney	Navigating the School System  Sarah Jeffs Heide Padilla	<b>Health Insurance and Disability</b> <i>Kathleen Kane, Esq Jennifer Rios, MS, CGC</i>
Baycliff	Parents' Toolbox: How to Handle Bullying Judy French	Stress and Your Health: The Impacts on your Body Rachael Nowak, DPT Stephanie Randazzo, PsyD	Living Your Best Life: Mindfulness and the Mind-Body Connection Carole Nowak, NBC-HWC
Salon D	The Emotional Side of Family Planning Decisions Maya Brown-Zimmerman, MPH Katherine Doehring	Getting Crafty/Craft and Color Stephanie Cooper-Noe	Looking for the Right College & Requesting (and Receiving) Accommodations Barbara Lerman
Salon E	TBR (To Be Read) Book Club Heather Bergstrom	BIPOC with a Chronic Condition Meg Boeglin, BSN, RN Sylvia Frazier Bowers, DDS	Cooking Corner: Life Hacks Stephanie Cooper-Noe
Salon F	Sports Appreciation: For Those who Love Sports, but Can't Play Them Ben Weisman	Chronic Illness in Film Ben Weisman	<b>Art as Therapy</b> Kristi Posival
Spa Lawn	<b>Moms Support Group</b> Regina Korochik Alix McLean Jennings, LCSW		Jam Session: Connecting through Music Josh Lim
Riviera Lawn 2			<b>Dads Support Group</b> Dave Donato



#### **HELP & RESOURCE CENTER**

We are always here for you! Submit medical questions on Marfan, LDS, VEDS, and other genetic aortic and vascular conditions to us at any time at Marfan.org/Ask.







## **CHILDREN** - SUNDAY WORKSHOPS

	SESSION 1 9:00-9:45 AM	SESSION 2 10:00-11:15 AM	SESSION 3 11:30 AM-12:30 PM
Diamond Cove	Ask the Expert (Ages 10-12)  Kathryn Holmes, MD, MPH	Creating a Graphic Novel (Ages 10-12) Lucas Mullen	<b>Bullying 101 (Ages 10-12)</b> Judy French
Coral Cove	Ask the Expert (Ages 5-9) Shaine Morris, MD, MPH	Creative Time (Ages 5-7)  Dawn Marisch  Ashley Rose Marisch (Koengeter)	Kindness is Cool (Ages 5-7) Judith M. Marshall, MS, APN
Crystal Cove		Express Yourself (Ages 8-9) Chelsey Weatherill, MS, CGC	You Have the Power (Ages 8-9)  Heather Earnhart  Alix McLean Jennings, LCSW

## TEEN - SUNDAY WORKSHOPS

	SESSION 1 9:45-10:45 AM	SESSION 2 11:00 AM-12:00 NOON	SESSION 3 12:15-1:15 PM
Emerald Cove	<b>Pain Management</b> Ardin Berger, DO	<b>Depression and Anxiety</b> Shoshana Leeder, PhD	Communicating Your Diagnosis Shaine Morris, MD, MPH
Sapphire Cove	<b>Eyes</b> Rachel Kuchtey, MD, PhD	<b>Art as Therapy</b> Josh Law, Liam Nelson, Kristi Posival, Catie Sheley	Body Image & Self-Esteem Isaac Brodsky, Dominga Noe
Del Mar	<b>Physical Activities</b> Siddharth Prakash, MD, PhD	<b>Transitions</b> Kathryn Holmes, MD, MPH Andrea Witte	<b>Transitions</b> Kathryn Holmes, MD, MPH Andrea Witte
Mariner Cove	Connective Tissues 101  Juan Bowen, MD	Friends of Chronic Illness Shaine Morris, MD, MPH	<b>Depression and Anxiety</b> Shoshana Leeder, PhD







