

## 2025 Preliminary Children's Program

Children (ages 5-12) have a complete program designed for their needs and interests. All activities have the goals of promoting friendship, empowerment, and self-acceptance.

The program officially kicks off on Friday, July 11, with a group dinner just for children to help them get to know each other. The meal is followed by icebreaker activities, games, crafts, and entertainment.

On Saturday, July 12, children will be separated into smaller age groups (ages 5-7, 8-9, and 10-12) for their morning sessions. Immediately following the kids-only lunch, the children will travel by bus on their field trip to the Center for Puppetry Arts. Upon their return to the hotel, the children will play games and rest before the big 40<sup>th</sup> Celebration & Victory Party later that evening.

Sunday's activities will include more age-appropriate sessions and an opportunity to exchange contact information with new friends. For children attending Camp Victory for Kids immediately following the Conference, there will be a space for camper check-in and a bus from the hotel to Camp Twin Lakes.

## Thursday, July 10

7:00 AM – 5:00 PM	Registration and Information
8:00 AM – 4:00 PM	Health Fair Testing Day Health Fair echocardiograms, eye exams, and lung function testing at Children's Healthcare of Atlanta. Health Fair attendance is by appointment only, and an application is required.

Friday, July 11	
7:00 AM – 5:30 PM	Registration and Information
8:00 AM – 5:00 PM	Health Fair Evaluation Day Health Fair screenings with experts from various disciplines at Children's Healthcare of Atlanta. Health Fair attendance is by appointment only, and an application is required.
5:00 PM - 6:30 PM	Condition-specific Mixers  Connect with other families before the Conference kicks off.

6:15 PM – 6:30 PM	Child Drop-off
6:30 PM – 9:30 PM	Children's Dinner & Evening Activities Catch up with old friends and meet new friends during the kids-only dinner. Enjoy a variety of smaller group games, crafts, and other activities, followed by special entertainment for the entire group. It will be a fun-filled evening!
Saturday, July 12	
7:00 AM – 8:15 AM	Breakfast with Parents/Guardians
8:15 AM – 8:30 AM	Child Drop-off
8:30 AM – 8:40 AM	Gentle Stretching
8:45 AM – 9:45 AM	Teambuilding Activity (by age group) Children will participate in smaller group teambuilding activities designed to challenge everyone and promote working together to achieve a common goal.
10:00 AM – 11:00 AM	What's Your Superpower? Activity (by age group) This session is all about empowerment. Kids will identify their strengths and positive attributes and create a visual representation, which they'll take home as a reminder.
11:00 AM – 11:45 AM	Children's Lunch
12:00 PM – 4:00 PM	Off-site Children's Field Trip to Center for Puppetry Arts
4:00 PM – 5:15 PM	Games & Crafts (back at the hotel) Children will relax, play board games, and engage in crafts upon returning to the hotel.
5:15 PM – 5:30 PM	Child Pick-up
7:30 PM – 10:00 PM	40 <sup>th</sup> Celebration & Victory Party for All Ages After enjoying a dinner with your family, pop over to the 40 <sup>th</sup> Celebration & Victory Party. This all-ages event promises a night of fun with games, music, dancing, and so much more!
Sunday, July 13	
7:00 AM – 8:30 AM	Breakfast with Parents/Guardians
8:30 AM – 8:45 AM	Child Drop-off
8:45 AM – 8:55 AM	Gentle Stretching
5. 15 / III	g

9:00 AM – 9:45 AM Ask the Expert (by age group)

Kids will have the opportunity to ask doctors any questions they may

have about having a genetic aortic & vascular condition.

10:00 AM – 11:00 AM Stress Less Strategies (by age group)

Kids will learn about the impact of stress and anxiety on the body and what they can do to decrease it. Kids will be introduced to practical skills they can use anywhere (doctor's office, school, etc.), such as deep

breathing, grounding, mindfulness, progressive muscle relaxation, and

other practical techniques.

11:15 AM – 12:15 PM Creating Your Own Book (by age group)

Each child will be given a blank journal and invited to create a book.

Kids can use their imagination to create a book about anything, using

drawings, pictures, stories, poems, or any combination of things. Kids

will take their books home as a keepsake.

12:15 PM – 12:30 PM Friendship Books & Goodbyes

Children will receive a small book to use for collecting contact

information and sharing messages with friends made at the Conference.

12:30 PM – 12:45 PM Child Pick-up

## FOR KIDS GOING TO CAMP VICTORY ONLY

12:45 PM – 1:30 PM Camper Check-in and Medication Drop-off

1:30 PM – 2:00 PM Bus Loading & Camper Departure